

HEPATITIS B FACT SHEET

What is Hepatitis B?

Hepatitis B is a serious infection of the liver that typically clears up on its own, but may require medication and even a liver transplant in severe chronic cases.

How is Hepatitis B Transmitted?

Hepatitis B is spread through exposure to infected bodily fluids such as blood, saliva and breast milk.

What are the Symptoms of Hepatitis B?

Hepatitis B presents variable symptoms, including dark urine, abdominal pain and yellowing of the eyes. Children and some adults may not experience any symptoms.

Protection and Treatment

Hepatitis B can be prevented by avoiding blood products; mother-to-child transmission during pregnancy, labour and breastfeeding; and unprotected oral, vaginal and anal sex.

While Hepatitis B can clear up on its own, a medical professional can provide treatment for chronic cases.