

HEPATITIS A FACT SHEET

What is Hepatitis A?

Hepatitis A or Hep A is a highly contagious infection of the liver, which is caused by the hepatitis A virus and preventable by vaccine.

How is Hepatitis A Transmitted?

Hepatitis A is usually spread by contaminated water or food, or contact with someone who is infected with the disease.

What are the Symptoms of Hepatitis A?

Symptoms of Hepatitis A include abdominal pain, nausea, fatigue, low grade fever and loss of appetite. A travel doctor can diagnose Hep A through imaging and lab tests.

Protection and Treatment

Hepatitis A is spread through contamination, which is why it is important to avoid any polluted water or unclean food.

Always wash your hands thoroughly, especially if you have been in contact with any bodily fluids of an infected person.